

Password Creation

There are three ways to create a complicated password:

Method 1

Use a standard phrase

Choose a Phrase

I hate passwords

Password =
I h@tePasswords

Add uniqueness -
Facebook
I H@tePasswords=FB

Method 2

Use the letters from standard phrase

Choose a Phrase

Every Saturday I
play golf at the club
with my mates

Password =
E\$1pgatcwm2

Add uniqueness -
Facebook
E\$1pgatcwm2+FB

Method 3

Use unrelated Words

Pick 2 inanimate
objects, things, places
and add a number to it

Fiji, chair, table books,
coffee, cup

Password =
book56Chair

Add uniqueness -
Facebook
book56Chair!fb

If you have to create passwords that need to rotate then just add them to the standard password!